



King William County Parks & Recreation Summer Sneaker 2019 2 Week Rotating Menu Lunch Menu

<p>June 17, 2019-June 21, 2019 July 1, 2019-July 5, 2019 (closed July 4th and 5th, 2019) July 15, 2019-July 19, 2019 July 29, 2019-August 2, 2019 August 12, 2019-August 16, 2019</p>	<p>Monday WG Grilled Cheese Sandwich Green Beans Potato Smiles Applesauce Cup Chocolate Pudding Cup 8oz Water or Capri Sun</p>	<p>Tuesday WG Chicken Nuggets w/Mac & Cheese Steamed Broccoli Steamed Cauliflower Diced Pears 100 Calorie Oreos 8oz Water or Capri Sun</p>	<p>Wednesday WG Personal Pepperoni Pizza Steamed Corn Seasoned Greens Diced Peach Cup Vanilla Pudding Cup 8oz Water or Capri Sun</p>	<p>Thursday WG Ham & Cheese Sandwich Baby Carrots w/Dip Celery Sticks w/Dip Fresh Sliced Apple Bag of Chips Rice Krispee Treat Capri Sun</p>	<p>Friday WG Corn Dog Nuggets Seasoned French Fries Baked Beans Mixed Fruit Cup Fruit Roll Up 8oz. Water or Capri Sun</p>
<p>June 24, 2019-June 28, 2019 July 8 2019-July 12, 2019 July 22, 2019-July 26, 2019 August 5, 2019-August 9, 2019</p>	<p>Monday Cheeseburger on WG Bun Seasoned French Fries Green Beans Cinnamon Applesauce Cup Grandma's CC Cookie 8oz Water or Capri Sun</p>	<p>Tuesday WG Chicken Patty on WG Bun Steamed Broccoli w/ Cheese Sauce Baked Beans Diced Pears Vanilla Pudding Cup 8oz Water or Capri Sun</p>	<p>Wednesday WG Personal Cheese Pizza Steamed Corn Seasoned Greens Diced Peach Cup Fruit Snacks 8oz Water or Capri Sun</p>	<p>Thursday WG Turkey & Cheese Sandwich Baby Carrots w/Dip Celery Sticks w/Dip Fresh Sliced Apple Bag of Chips Chocolate Rice Krispee Treat Capri Sun</p>	<p>Friday Steak-Um w/Cheese on WG Bun Steamed Cauliflower Tator Tots Mixed Fruit Cup Chocolate Chip Granola Bar 8oz. Water or Capri Sun</p>



Parents: The lunch menu was prepared to make lunch selections appealing while keeping nutritional integrity. If you need nutritional information, such as carbohydrate counts, please feel free to contact us at 804-769-3434 extension 550 or 448.

Thank you,
Sherri Harris
Director of School Nutrition, KWPCS



Please note: A la carte items will NOT be sold to students or adults during Summer Sneakers. Please plan on packing your child a snack if needed.

SCHEDULED FIELD TRIPS

- THURSDAY, JUNE 20TH: **LUNCHES NEEDED**
- THURSDAY, June 27th : **LUNCHES NEEDED**
- THURSDAY, JULY 11TH: ** LUNCHES NEEDED**
- THURSDAY, JULY 18TH: ****UNDETERMINED****
- WEDNESDAY, JULY 24TH: **NO LUNCHES NEEDED**
- THURSDAY, AUGUST 1ST: **LUNCHES NEEDED**
- THURSDAY, AUGUST 8TH: **NO LUNCHES NEEDED**
- THURSDAY, AUGUST 15TH: **NO LUNCHES NEEDED**

ALL bagged lunches will include the following:

- WG Ham & Cheese Sandwich or WG Turkey & Cheese Sandwich
- Baby Carrots w/Dip
- Celery Sticks w/Dip
- Fresh Sliced Apple
- Bag of Chips
- Rice Krispee Treat or Chocolate Chip Rice Krispee Treat
- Capri Sun